

MENTAL HEALTH/GERIATRIC CARE AGENCIES & GERIATRIC CARE CONSULTANTS

Alameda County Area Agency on Aging
 6955 Foothill Boulevard, Suite 300, Oakland CA 94605, 1-800-510-2020
<http://alamedasocialservices.org>
 (Revised June 2005)

The Alameda County AAA's Senior Information and Assistance program provides this guide to assist the senior network in locating mental health and geriatric care management related resources, which may be helpful to elders and their caregivers. It is NOT intended to be all-inclusive! There are other sources of information, including the Yellow Pages of the phone book. Suggestions of additional services, which could be included on this list, are always welcome!

The guide includes Mental Health and Geriatric Care Agencies, which provide various services including outpatient, inpatient, partial hospitalization (intensive outpatient), peer counseling, and other mental health programs. There is also a list of Geriatric Care Consultants and Practitioners.

Services may be available on a sliding scale and several agencies accept Medi-Cal and/or Medicare. Check with each agency for fee, insurance, and eligibility details.

Crisis Hot Line / Suicide Prevention

Crisis Support Services of Alameda County	24-hour crisis intervention/suicide prevention line.	1-800-309-2131
www.crisissupport.org	Programs include Senior In-Home Counseling Program (for north and central county residents 60 and older) and Grief Counseling Project.	1-800-260-0094

Mental Health / Geriatric Care Agencies

Agency/Website	Description	Phone Number
Alameda County Access (Alameda County Behavioral Health Care Services) bhcs.co.alameda.ca.us	Mental health and substance abuse screening and referral for Alameda County residents. Helpline for specialty mental health services for Medi-Cal recipients. Crisis Response Services (will respond in emergency situations when the patient is believed to be in imminent danger of harming him/herself or others).	1-800-491-9099 North County: 510-268-7836 South County: 510-667-4901

Mental Health / Geriatric Care Agencies (cont.)

Agency/Website	Description	Phone Number
Alta Bates Summit Medical Center / Herrick Campus, Berkeley Altabatessummit.org/	Psychiatric intake, assessment, referral Partial hospitalization, intake offices.	510-204-4405 510-204-4569
Alta Bates Summit Medical Center / Summit Campus, Oakland Altabatessummit.org/	Geropsychiatry Senior Bridges Program for persons 55 and older	510-869-8712
Asian Community Mental Health Services www.acmhs.org	Outpatient mental health care clinic including assessment, case management, crisis intervention.	510-451-6729
Axis Community Health, Pleasanton www.axishealth.org	Outpatient services. General counseling, anger management, domestic violence.	1-925-262-5544
Berkeley Mental Health Services www.ci.berkeley.ca.us/mentalhealth	Services to Berkeley and Albany residents.	510-981-5290
City of Fremont Human Services www.ci.fremont.ca.us	Counseling and support (grief, loss, and depression); volunteer-based Senior Peer Counseling program.	510-574-2063
Eden Medical Center Psychiatric Services, Castro Valley www.edenmedcenter.org	Inpatient program, partial hospitalization program, psychiatric home visits. Adult and Geriatric Psychiatry tracks.	510-889-5016
Family Services Counseling Center, San Leandro	Psychotherapy, mental health, substance abuse and psycho-educational/support services.	510-483-6715
Family Service of the Tri-Cities, Fremont	Outpatient services and crisis counseling.	510-791-3322
John George Psychiatric Pavilion, San Leandro (Alameda County Medical Center) www.acmedctr.org/johngeorge.htm	Inpatient services, emergency services, crisis consultation voluntary services.	510-481-4141

Mental Health / Geriatric Care Agencies (cont.)

Agency/Website	Description	Phone Number
La Cheim Psychological Services	Case management, counseling, partial hospitalization program	Berkeley: 510-486-8744 Oakland: 510-596-8125
La Clinica de la Raza, Oakland www.laclinica.org	Psychiatric, psychological and counseling services. Specializes in treating persons who require linguistic (Spanish) or cultural (Latino) specialty services.	510-535-6200
La Familia Counseling Services, Hayward	Mental health counseling, community services	510-881-5921
Legends Geropsychiatry Program, Valley Memorial Hospital, Livermore www.valleycare.com	Short term, inpatient, voluntary program	1-800-884-8038
Senior Support Program of the Tri-Valley www.ci.pleasanton.ca.us	Counseling and substance abuse treatment services for seniors.	1-925-931-5379
West Oakland Health Council www.wohc.org	Outpatient services. Mental health treatment and substance abuse recovery services. Referral through County Access line.	510-465-1800

Geriatric Care Consultants/Private Practitioners

Name	Phone Number
<i>Rosenthal, Anne</i> , PhD, MFT, Community for Jewish Living, Berkeley and Danville	925-275-7161
<i>Brush, Janet</i> , MSW, LCSW, Senior Alternatives, Oakland	510-482-3379
<i>Davis, Ethey</i> , MS, MFCC, Newark	510-794-4694
<i>Cohen, Sandra</i> , RN, BA, The Cohen Cormier Group, LLC, Oakland	510-652-3377
<i>Grill, Allen</i> , MFCC, Albany	510-232-1630
<i>Fodrini-Johnson, Linda</i> , MA, MFCC, Eldercare Services, Walnut Creek	925-937-2018
<i>MacLeod, Kristi</i> , MSW, LCSW, Oakland	510-653-5973
<i>Moorhead, Mary B.</i> , MFCC, Elder Care Specialist, Berkeley	510-525-4341
<i>Nabori, Carol</i> , LCSW, Elder Care Consultants	510-420-0850
<i>Nelson, Joann</i> , MPS, Geriatric Care Management, Albany	510-526-9502
<i>Rose, Karen</i> , MFCC, Berkeley	510-486-1188
<i>Reeva, Mona</i> , LCSW, PhD, Albany	510-525-8556
<i>Sugarman, Susan</i> , LCSW, Oakland (private practice, Medicare provider, one time home visit)	510-206-9746
<i>Thomas, Teresa, E.</i> , PhD., Oakland (specializes in geropsychology, rehabilitation & neuropsychology)	510-337-9452

Some of the consultants/practitioners listed MAY provide services on a sliding scale-fee basis. USUALLY services start around \$80 per hour for consultations. Medicare may pay for consultations in certain situations (check the Medicare Handbook).

To find a care manager in your area, you may go to www.caremanager.org, the website of the National Association of Professional Geriatric Care Managers. The federal Administration on Aging maintains a nationwide Eldercare locator (1-800-677-1116) that may be helpful when seeking care managers outside of Alameda County.

Note:

*Every effort is made to keep this information current.
The Alameda County Area Agency on Aging assumes no responsibility for errors or omissions in compiling this information.*

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